



BlueCross BlueShield
of Illinois

Tap Into Your Employee Assistance Program.

Get support at no extra cost to you.



Connect with the EAP today!

Provided by ComPsych GuidanceResources, the EAP offers services that can help you with everyday life. It is part of your health plan and may be used by anyone that lives in your home.



Counseling – Get a set amount of free sessions per issue like marriage worries, grief or a major life change.



Legal* – Talk with an attorney over the phone for help with divorce, adoption, family law, wills, trusts, real estate and lawsuits.



Financial – Consult with finance experts on debt, taxes, bankruptcy, retirement, investments, mortgages, loans and other money matters.



Referrals – Let specialists save you time by researching child, elder or pet care, home repair, moving, government and other local services for you.



Online Tools – Check out on-demand trainings, podcasts and other resources.

Here's how to get started with ComPsych GuidanceResources:

Call **800-890-1213**

Visit guidanceresources.com



Download the **GuidanceNow App**



Google Play



iOS App Store

(To register, use Web ID **EAPIL**.)

* ComPsych is not a law firm and does not engage in the practice of law or provide legal advice or legal representation. The attorneys who provide phone services may not be licensed in the state where the member or legal issue is based. For medical emergencies, call 911. For mental health emergencies, call or text the 988 Suicide & Crisis Lifeline.

ComPsych Corp. is an independent company that has contracted with Blue Cross and Blue Shield of Illinois to provide employee assistance services for members with coverage through BCBSIL.

BCBSIL makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.